

## Recipe Card



### *Discovering Each Other's Strengths*

#### **Best Use**

A tool to guide a series of date night discussions at a cost of about \$40

#### **Nutritional Value**

Helps husbands and wives use their God-given strengths to build a God-honoring home

#### **Advance Preparation**

- Schedule two or three coffee dates
- Each spouse should listen to the 25 minute "Strengths@Home" audio presentation featuring Dr. John Trent and Rodney Cox (Download available from the Home Foundations podcast at iTunes).
- Each spouse should spend about 20 minutes completing a *Marriage Insights Profile* available at [www.MinistryInsights.com](http://www.MinistryInsights.com) Click the "Marriages" section to download and print a free *Marriage Insights Workbook* and find the two-pack offer. (Be sure to enter "HomePointe" in the coupon field during check-out for a discount.)

#### **During The Date**

Use your completed profile and workbook to guide discovery and discussion.

<http://www.homefoundations.org/>

## How Have You Been Doing?

Before discussing your Marriage Insights Profiles honestly grade how intentional you have been over the past 120 days.

### LEVERAGING MY OWN UNIQUE STRENGTHS AT HOME:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

### AFFIRMING THE STRENGTHS GOD HAS GIVEN MY SPOUSE:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

### VIEWING DIFFERENCES AS A GIFT VS. AN ANNOYANCE:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

### COMBINING STRENGTHS TO BUILD A GREAT MARRIAGE:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

### USING OUR STRENGTHS TO CREATE A FAITH-FILLED HOME:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

### PRAYER

Hold hands to read Ephesians 5:29-33 aloud and pray these words...

*Dear God:*

*We thank you for the unique gifts you've given us as a team.*

*Help us to use those gifts to build a God-honoring marriage and family together.*

*Amen*